

## 2024-2025 Session Class Prices

Seed Starters (Parent/Pup) - 45 minutes	\$68/month
Sprouts (Preschool) - 45 minutes	\$68/month
Seedling (Kindergarten) - 60 minutes	\$75/month
Sapling (Beginner) - 70 minutes	\$88/month
Branch A (Intermediate A) - 90 minutes	\$96/month

## *Open Gyms & Toddler Times*

*(Dates are subject to change and/or cancellation)*

Toddler Times - \$10 each child  
Walking to age 5

Friday Morning 10:00-11:30 a.m.  
**September 6, 20; October 4, 18**  
**November 1, 15; December 6, 20**  
**January 10, 24; February 7, 21**  
**March 7, 21; April 4, 18**  
**May 2, 16**

Sunday Afternoon 3:00-4:30 p.m.  
**September 8, 22; October 6, 20**  
**November 3, 17; December 8, 22**  
**January 12, 26; February 9, 23**  
**March 9, 23; April 6, 20**  
**May 4, 18**

Sunday Open Gyms - \$15 each child  
Age 6-16 years old  
Sunday Afternoon 1:00-3:00 p.m.  
**September 8, 22; October 6, 20**  
**November 3, 17; December 8, 22**  
**January 12, 26; February 9, 23**  
**March 9, 23; April 6, 20**  
**May 4, 18**

## BIRTHDAY PARTIES

Have your child's next birthday party with us!

Spend an hour and fifteen minutes in the gym with our qualified instructors and continue the rest of your party in our birthday party area. We supply the tableware, pizza, and cupcakes for up to 15 party goers!

Birthday parties are held Saturday afternoons or Sunday afternoons. There are a variety of times to choose from.

### Saturday Party Times

12:30-2:30 p.m.  
3:00-5:00 p.m.

### Sunday Party Times

Inquire for times

For more information about our party packages, go to our website:

[www.maximumgymnastix.com](http://www.maximumgymnastix.com)



**For class availability and  
to create your customer  
account, scan the QR  
code**

Maximum  
GYMNASTIX



## 2024-2025 Class Schedule

Classes begin Monday, August 26, 2024  
and go until May 31, 2025

7851 Spring Arbor Rd., Ste#31 \* Spring Arbor, MI 49283  
(517) 539-8964 / (517) 554-0763  
For more information, please go to:  
[www.maximumgymnastix.com](http://www.maximumgymnastix.com)  
[infomaximumgym@gmail.com](mailto:infomaximumgym@gmail.com)

# Class Times

## Monday

Sprouts	9:00-9:45 a.m.
Seed-Starters	10:00-10:45 a.m.
Seedling	4:00-5:00 p.m.
Sapling	4:00-5:10 p.m.
Sprouts	5:15-6:00 p.m.
Sapling	5:30-6:40 p.m.
Seed-Starters	6:15-7:00 p.m.
Branch A	TBD

## Tuesday

Seedling	4:00-5:00 p.m.
Sapling	4:00-5:10 p.m.
Sprouts	5:15-6:00 p.m.
Sapling	6:15-7:25 p.m.
Branch A	TBD

## Wednesday

Sapling	3:00-4:100 p.m.
Sprouts	3:15-4:00 p.m.
Sapling	4:20-5:30 p.m.
Seedling	4:15-5:15 p.m.
Sprouts	5:30-6:15 p.m.
Seed-Starters	5:30-6:15 p.m.

## Thursday

Sapling	4:00-5:10 p.m.
Sprouts	4:00-4:45 p.m.
Seedling	5:00-6:00 p.m.
Sapling	5:30-6:40 p.m.
Branch A	TBD

## Saturday

Seed-Starters	8:30-9:15 a.m.
Sprouts	8:30-9:15 a.m.
Seedling	9:30-10:30 a.m.
Sapling	9:30-10:40 a.m.
Sapling	10:50 a.m.-12:00 p.m.
Sprouts	11:00-11:45 a.m.

Make ups for classes missed due to illness, weather, etc. are available but not guaranteed and must be scheduled.

## Holidays/Closures for the Session

Labor Day	September 2, 2024
Thanksgiving Holiday	November 27-30, 2024
Winter Break	Tuesday, Dec. 24, 2024 through January 5, 2025
Spring Break	March 24-30, 2025
Memorial Day	May 26, 2025

**\*\*Dates are tentative and based off of JCISD's Common Calendar available on it's website\*\***

## Class Showcases & Last Classes

Monday's	May 19, 2025
Tuesday's	May 27, 2025
Wednesday's	May 28, 2025
Thursday's	May 29, 2025
Saturday's	May 31, 2025

**Showcases will be done in the last class of the 2024-2025 session for ALL students, except our Seed-Starters classes. Cost is \$80 and will be applied to all accounts February 20th and charged March 1st of 2025. All students will get a leotard or shorts & t-shirt. Family and friends are welcome to attend! Tickets will not be necessary for this and admission will not be charged. This is OPTIONAL. If you choose NOT to participate, you should make up the last class of the session.**

## Explanation of Classes

### Seed-Starters (Parent/Pup)

**Age: Walking to 3 years**

Starting with our little ones-Walking until age 3 Our tiny ones navigate through our obstacle courses and curriculum that help with developing motor skills and cognitive skills. Parents/Grandparents/Guardians assist in the direction of learning basic gymnastics skills.

### Sprouts (Preschool)

**Age: 3-5 years old**

This class is open to ages 3-5 or developmentally appropriate; depending on their development through the SEED STARTERS, we will begin working on taking turns, waiting in line, and independent class participation. Students use obstacle courses to learn motor skills, work on coordination, and basic gymnastics skills. Students also learn to follow directions and work with others of their own age.

### Seedling (Kindergarten)

**Age: 5-6 years old**

Class is open to ages 5-6 or developmentally appropriate; Continuing on with the Sprout philosophy, allowing students to use the obstacle courses to create the foundation of our Sapling Classes. Our main objective is to make sure the child is physically prepared for the next class, while still incorporated FUN and JOY!

### Sapling (Beginner)

**Age: 6 and up**

Class is open to ages 6 and up (If developmental appropriate, 5 year olds are invited to join); Students are placed in groups according to age and ability and taught how to perform and perfect basic gymnastic skills on the vault, bars, beam, and floor. Progressions and lead up skills/drills are very important to the overall success in gymnastics.

*\*Advancement must be recommended by director/instructors before enrolling in these classes*

**Tree Branch (Intermediate A) By Invitation only  
Age: 6 and up**

As the children grow and develop their gymnastics, the fundamentals and building blocks needed to move through the branches of gymnastics have been established. Directors/Instructors will inform families if this is the best avenue for your child.

**SPARK Competition Team**

By Invitation only